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MAN DISCIPLE

(AWESOME

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Chun (□□), 84-year-

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Chun Kung Fu

Traditional King

Wing Chun Kuen,

usually called Wing

Chun, is a concept-

based traditional

Southern Chinese

Kung fu style and a

form of self-

defense, that

requires quick arm

movements and

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strong legs to
-defeat opponents.
Softness and
performance of
techniques in a
relaxed manner is
fundamental to
Wing Chun.

Regarding the
History of Wing
Chun, it's said to
have been created
by the legend of Ng
Mui, an abbess who

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taught it to her
student Yim Wing-
chun as a means to
defend herself
against unwanted
advances. The
mart

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~~Wing Chun~~

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When I set up The
Global Traditional
Wing Chun Kung Fu
Association more

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than 30 years ago, my goal was to build a worldwide network of schools dedicated to teaching and preserving the art of Traditional Wing Chun Kung Fu as it was taught to me by Yip Man as his private student.

~~The Global~~

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~~Chun Kung Fu~~

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~~Traditional~~
Straightforward

~~Fu For Self~~
and efficient, Wing

~~Defense And~~
Chun Kung Fu is

~~Health~~
one of the most

popular forms of

Kung Fu because it

emphasizes

techniqu over

strength. By using

the skills of Wing

Chun Kung Fu, a

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smaller and weaker person can easily overcome a larger strong opponent. With its focus on technique rather than force, it is suitable for both men and women, young and old, and for those of all levels of physical fitness.

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Fu: Traditional
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Self ...~~

Grandmaster
William Cheung,
teacher and
mentor to the late
Bruce Lee in Hong
Kong in the 1950s,
has been teaching
Wing Chun Kung Fu
for 45 years. He
has appeared on

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Over 40 magazine covers worldwide, and has been awarded the Black Belt, Inside Kung Fu and Blitz Hall of Fame Awards.

~~Grandmaster
William Cheung's
Global Traditional
Wing Chun ...~~

TRADITIONAL WING
CHUN KUNG FU

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Since its creation, Wing Chun has been surely one of the most popular Kung Fu styles of all times, particularly since the late 60s and the appearance of the most significant practitioner in the world of Martial Arts, Bruce Lee. Its popularity has

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rapidly increased
throughout the
years for one
reason, efficacy.

Fu For Self

~~Wing Chun Chuen |~~

~~Wing Chun London~~

Smart Wing Chun

Kung

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can offer you the

expertise and

knowledge that you

are looking for in a

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Traditional

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Our own teacher the

late Master Derek

Jones studied both

the modified

system with Victor

Kan, and the

traditional system

with Grandmaster

William Cheung.

Master Frank

Roach and I

(Master Mark Clark)

have learnt both

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Chun Kung Fu

traditional Wing

Chun, we have

chosen to teach

the traditional art

of Wing Chun and

we have tested the

art in real

situations of

danger.

~~Traditional Wing~~

~~Chun Kung Fu~~

~~Martial Art~~

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~~Chelmsford Essex~~

The focus of Wing
Chun Kung Fu is to

develop physical,
mental and

spiritual
awareness. These
elements

transcend you to a
higher level of life.

Self-awareness,
self-respect, and a
duty to serve
should be the goal

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Chun in every Fu
of life in every
martial artist.

Meditate on these
principles and

make peace on

your study of Kung
Fu, a way of life.

Wing Chun is a
traditional Chinese
martial art
originating more
than 300 years ago
in southern China
by the Buddhist

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We are a Wing
Chun Kung Fu
school based in
Wigginton, York,
teaching traditional
Wing Chun. Wing
Chun is a simple,
direct and highly

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Chun Kung Fu

art, ideal for self-

Traditional
Chinese King
Instructor, Sifu

Steve Lancey , has
a diverse

Defense And
Health
background in the

martial arts, which
he uses to help to

make his Wing

Chun classes
practical, enjoyable
and effective.

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Chun – Traditional
Wing Chun Kung Fu
in York~~

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Cafe. 51 Queens
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3XB. Other Classes:
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John the Baptist's
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1273 205454.

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✕ Wing Chun Kuen

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the UK~~

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friendly and
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environment. Wing
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suitable for all
types of beginners
male and female

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alike. We can accommodate for differing needs of students at their own pace including those with prior martial arts experience. Learn from Sifu Eric Paule, an authorised instructor of the Tse Qigong Centre whose Tai Sigong

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(Master Tse) has a direct lineage to Great Grandmaster Ip Man and Grandmaster Ip Chun.

~~Beccles Wing Chun Kung Fu | Home~~

This is to certify that Derek

Frearson, under the authorization of the Foshan Wing Chun

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Association, will
hold the position of
council and
director of the
International Lun
Gai Foshan Wing
Chun Association,
and will teach
traditional Wing
Chun Kung Fu and
culture to 2021.

~~Foshan Wing Chun
—traditional wushu.~~

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by thanking all of
you for your
support and kind
emails during this
time. Due to the
rising concerns
over the COVID-19
virus and
specifically at the
direction of the
state and federal

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government,
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traditional

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(Author) 4.3 out of
5 stars 15 ratings.

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William Cheung or

Cheung Cheuk

Hing, born October,

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1940, is a Hong Kong Wing Chun kung fu practitioner and currently the Grandmaster of his lineage of Wing Chun, entitled Traditional Wing Chun. He also heads the sanctioning body of TWC, the Global Traditional Wing Chun Kung Fu

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Chau Hong Fu
Association.
Cheung is
responsible for
introducing Bruce
Lee to his master
Ip Man when they
were teenagers in
Hong Kong.

~~William Cheung~~
~~Wikipedia~~

Well it all started
with Bruce Lee (in
pop culture in the

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west that is!) and
Bruce Lee started
with a Traditional
Chinese Kung Fu
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