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Person Centred Therapy and Trauma: A personal View ...

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No significant differences in efficacy were found between group psychotherapy and other active treatments (k = 8; q = 0.13; 95% CI:-0.16; 0.42). Moderator analyses confirmed gender and trauma type as important Page 21/47

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and psychologists Esthermen Deblinger and Anthony Mannarino, whose original intent was to...

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promise and deserve furthern investigation. Examining group formats of currently available first-line individual PTSD treatment approaches (VA & DoD, 2010),

Group Treatment for PTSD
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Trauma-Centered Group omen Psychotherapy for Women: A Clinician's Manual is the important, "how-to" resource that fills this void with a successful theory-based, field-tested model of group therapy for traumatized Page 31/47

women. Concise and full of n clinical examples, this helpful text includes a session-by-session guide for clinicians and a workbook

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difficult to come to termsen with, but confronting your feelings and seeking professional help is often the only way of effectively treating PTSD. It's possible for PTSD to be successfully treated many years after the Page 36/47

traumatic event or events occurred, which means it's never too late to seek help.

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but also offers a complete, n step-by-step clinician's manual and client workbook to help implement the model and establish effective practice.

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