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Neuroplasticity: The MIT Press Essential Knowledge Series

Neuroplasticity (MIT Press Essential Knowledge) ISBN: 0262529335. ?ategory: Biology, Genetics | Psychology. Date: August 16th, 2016. Number of pages: 192 pages. Language: English. Format: EPUB. Add favorites 0 0. The real story of how our brains and nervous systems change throughout our lifetimes—with or without “brain training.”

Neuroplasticity (MIT Press Essential Knowledge) – Free

Great book. I have taken one class in neuroscience during my undergraduate degree, this was an excellent refresher on how the brain works. You don't really need to know anything about the brain before reading this book, although for more experienced readers, there is plenty to take back from this book as well.

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