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~~**BK Shivani at Akola on 20 Jan 2019** □□□□□□□□~~

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~~The Mind To Respond, Not React: Part 3: BK Shivani at~~

~~Vancouver, Canada (English) BK.Shivani Didi | How To~~

~~Control Negative Emotions | □□□□□□ □□□□□□□□□□ □□□□ □□□□~~

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~~**1: BK Shivani (English Subtitles) Daily Habits To**~~

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~~Subtitles English: BK Shivani **How To Finish**~~

~~**NEGATIVE THOUGHTS?: Ep 67 Soul Reflections:**~~

~~**BK Shivani (English Subtitles) Guided MEDITATION**~~

~~To Reconnect \u0026 Recharge (English): BK Shivani~~

~~4 Types of Thoughts You Create: Subtitles English: Ep~~

~~14: BK Shivani~~

BK Shivani @ Grand Sapphire, Croydon, - Happiness

Unlimited - Staying happy...No matter what- 09 Jul

Overcome NEGATIVE THINKING: Ep 48 Soul

Reflections: BK Shivani (English Subtitles) Say NO To

Overthinking: Part 1: BK Shivani at Sydney (English)

ONE Thought To Finish Fear: Part 2: BK Shivani (Hindi)

Guided MEDITATION Experience (Hindi): BK Shivani

Brahma Kumaris Thought For The

Prajapita Brahma Kumaris Ishwariya Vishwa

Vidhyalaya (Godly Spiritual University) Established by

God, this is the World Spiritual University for

Purification of Souls with the knowledge and RajaYoga

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taught by the Supreme Soul (God), giving his most beneficial advice. Established in 1936, by today has more than 8500 centres in around 140 countries.

Thought of the Day - Brahma Kumaris

Spiritual messages for your day by Inspired Stillness Bookshop | Enabling people to find a place of stillness within through blogs, stories, events, books, music and meditation | Brahma Kumaris

Thought for Today | Inspired Stillness | Brahma Kumaris

Making my thoughts peaceful and stable with meditation. Learn more . Wisdom . Knowing more about ourselves and our world ... Some of the Brahma Kumaris... Courses we offer. Seminars, courses and workshops on meditation, personal development are available in countries across the world. Mindful Kitchen.

Brahma Kumaris - Home

The Power of Thoughts Thoughts are like a seed. Whatever thoughts we think - we get the fruit of those thoughts (good or bad). Yogis understand that our thoughts also create a vibration and vibration is energy. Interestingly, vibration also sets the tone of the feeling and most of us know this by "I get...

The Power of Thoughts - The Brahma Kumaris

BK Dr Savita A physical illness can be diagnosed by feeling the pulse, and similarly the speed of one's thoughts can be determined from the lines on the forehead. If the speed of thoughts is very fast, if thoughts constantly arise one after the other, they

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waste our energy. It is like the wastage of [...]

The secret to strength and greatness ... - Brahma Kumaris

Thought of the Day. The more positive the thoughts flowing through my mind, the more contented I will feel. It is easy to feel contented when we are praised and appreciated but to remain contented when we are being criticised and rejected is the mark of real spiritual strength. The way to develop this level of strength is to learn about God's way ...

Brahma Kumaris - The Mindful Kitchen

The Brahma Kumaris story. Humble beginnings; Brahma Baba, the founder; Current leaders; Dadi Janki; BKs at the UN; FAQs; Contact Us. Where to find us; Join our mailing list; We can't open our doors to you right now but have made lots of online tools, courses and events available for you at this time. ...

Welcome to the Brahma Kumaris - United Kingdom - Home

The Brahma Kumaris World Spiritual University (UK) teaches Raja Yoga as a way of experiencing peace of mind and a positive approach to life. We provide opportunities for people from all religious and cultural backgrounds to explore their own spirituality and learn skills of reflection and meditation based on Raja Yoga philosophy, which can help develop inner calm, clear thinking and personal well-being.

Welcome to the Brahma Kumaris - United Kingdom - Home

The Brahma Kumaris may seem ordinary on the

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outside, but their lives are internally extraordinary , thanks to their spiritual dedication. Thought of the Day A powerful, yet often misunderstood, aim of spiritual study is purity.

Brahma Kumaris - The Students

There are places around the world where Brahma Kumaris offer one day and weekend retreats. Some of the Brahma Kumaris... Courses we offer. Seminars, courses and workshops on meditation, personal development are available in countries across the world. ... In the midst of uncertainty, keep determination in your thoughts and that will become like ...

Brahma Kumaris - Home

No matter what goals you're working towards, regularly check in with yourself to make sure you're on track. Clarify 1) what exactly you're tracking, 2) how you'll keep track of your progress; journal, notebook, calendar, app, and 3) how often you'll track your progress; daily, weekly or monthly.

Thought for Today - Inner Space

Rajyogi Brahma Kumar Nikunj is a young spiritual leader of the Brahma Kumaris.He's a living example of simplicity with depth, humility with courage, and wisdom with devotion.His life is the epitome of dedication, selflessness, and commitment towards self and world transformation.Born into a family of businessmen in Mumbai, as a child, BK Nikunj was a strong atheist.

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Meditation

If you want to do anything you find a way. If you don't want to do anything you find an excuse.

The World Renewal | Brahma Kumaris | Raja Yoga Meditation

There is another reason to accept - Law of Karma. There is a famous saying, "What goes around, Comes around". So, whatever has happened to you either in the past or is happening now now in the present is a result of your own karma. You cannot get negative unless and until you give it.

How to Let Go The Thoughts of Your Past | Brahma Kumaris ...

B.K. Surya Our thoughts are a precious treasure. Like money, they are a valuable asset that can give us happiness or sorrow, depending on how we think. There are people who have everything they need, but they are unhappy because of their negative thinking. Similarly, some people face a small problem but overthink it and [...]

Thoughts can change your life | Brahma Kumaris | Raja Yoga ...

At the core of Brahma Kumaris' work is the understanding of the connection between our consciousness, thoughts and actions, and their impact on the world. It has been seen that long-lasting change in any social or environmental system starts with a profound shift in the minds and hearts of people.

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The Brahma Kumaris teach Raja Yoga, a meditation practice combined with spiritual self-knowledge. The meditation course is not based on a regime of physical postures but rather an insight into the workings of the mind, intellect and subconscious and the ability to apply this knowledge in everyday situations. ... We like the thought of working ...

Brahma Kumaris | Raja Yoga Meditation

Brahma Kumaris World Spiritual University . Mount Abu, high in the Aravali Mountains of Rajasthan, provided an ideal lo-cation for reflection and contemplation for the original group's move from Karachi in 1950. After a few years in a rented building, the community moved to the present site which remains the Prajapita Brahma Kumaris Ishwariya ...

Brahma Kumaris - Brahma Kumaris World Spiritual University

Amidst the worldwide lockdown and in conjunction with World Environment Day, BK Environment Initiative, in cooperation with Brahma Kumaris Malaysia and Awakening TV Channel, hosted a thought-provoking event. Written report or Watch on youtube. Healthy Mind, Healthy Planet

Newsletter June 2020 | Brahma Kumaris Environment Initiative

A new initiative by Brahma Kumaris Youth has been launched on the occasion of the World Environment Day (WED 2020). The UN Environment Program, which has its 50th anniversary in 2021, has announced the theme of “Biodiversity” for the year

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2020. In the lead up to 2021, the UNEP Major Group Children and Youth has...

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