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However, according to Lopon Tenzin Namdak Yongdzin Rinpoche, the leading Dzogchen master among the Bonpo Lamas living today: it is necessary for us as practitioners to know what Dzogchen is, how to practice it, and the result of this practice. Lopon Rinpoche undertakes this task in a series of nine teachings he gave some years ago to Western students interested in the view of Dzogchen and its practice in meditation.

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The two Older Schools of Tibet, the Nyingmapa and the Bonpo, emphasize the Dzogchen point of view in elucidating their understanding of the Higher Tantras. Among the Older Schools, Dzogchen, the Great Perfection, which lies beyond the process of Tantric transformation, is regarded as the quintessential teaching of the Buddha, pointing directly to the Nature of Mind and its intrinsic awareness, known as Rigpa.

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*Bonpo Dzogchen Teachings by Lopon Tenzin Namdak (2007-03 ...*

Bonpo Dzogchen Teachings. During 1991, the Bonpo Dzogchen master, Lopon Tenzin Namdak, visited the West twice, coming first to Europe and later to America, where he taught a number of meditation retreats and gave a series of public talks on Bon and Dzogchen. In March and April, Lopon Rinpoche taught a meditation retreat focusing on the practice of Dzogchen at Bischofshofen, south of Salzburg in the Austrian Alps, and several weeks later he gave a series of talks on Dzogchen at the Drigung ...

*Nyima's blog: Bonpo Dzogchen Teachings*

Bonpo Dzogchen Teachings – Lopon Tenzin Namdak Nowadays there are two principal philosophical traditions followed by Tibetan Lamas. The first is found among the Sarmapas, or Newer Schools, which employ the Prasangika Madhyamaka view of Chandrakirti, not only in explicating the real meaning of the Sutra system but also in their interpretation of the Tantras.

*Lopon Tenzin Namdak | Buddha Share*

Description: THE CULT AND PRACTICE OF THE BONPO DEITY WALCHEN GEKHOD, also known as ZHANG-ZHUNG MERI, the Meditation Deity for the Zhang-zhung Nyan-gyud

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Tradition of Dzogchen from the Ancient Kingdom of Zhang-zhung in Western Tibet, containing translations of the Sadhana Practice texts for the Deity Zhang-zhung Meri from the Me-ri sGrub-skor, together with the Origin Myth of Walchen Gekhod and translations of commentaries on this practice by John Myrdhin Reynolds.

## *The Cult and the Practice of the Bonpo Deity Walchen ...*

H.E. Yongdzin Lopön Tenzin Namdak Rinpoché (Wylie: slob dpon bstan 'dzin rnam dag) is the founder and Master of Studies (Lopön) of the Bönpo monastic colleges at Dolanji, India and Kathmando, Nepal. He was the root teacher of Tenzin Wangyal Rinpoche, and remains one of the leading figures of the Yungdrung Bön tradition.

## *Bonpo Dzogchen Teachings by Tenzin Namdak*

Summer of 1995, at Ligmincha Institute's third annual retreat, Lopon gave the Bon Dzogchen teaching of the 21 Nails, with Tenzin Wangyal translating. The 21 Nails are a complete path to achieving profound realization as the final goal of spiritual practice, either during this life, at the time of death or while in the intermediate state.

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